

My E-lesson
Module 7: Assistance and Resistance
of Support Network
Activity 4: Yes OR No to Peers?

Name : _____

Class : _____

Conformity: When an individual's opinion is especially different from others', one will feel emotionally stressed, usually self-doubted, and therefore lack confidence in his/her own judgement. Furthermore, since one is reluctant to be isolated, he/she tends to follow the inclination of the majority (Asch, 1951).

1. Has "conformity" ever appeared in your daily life? List a related experience.

2. When making important career decisions, what impacts do you think peer pressure have?

3. What will you do to avoid the resistance brought by peer pressure to your life planning?
